## **Child Strengths Checklist**

Child's name	Person filling checklist out											
Below is a list of positive or good behaviors. Please make an "X" to indicate where your child is in each of these areas, rating him/her on a scale of 0-5 (0=not at all, 5=very much)												
RATING	0	1	2	3	4	5						
CAPABILITY												
Learns readily outside of school	П											
Enjoys new experiences												
Pleased with own skill achievement												
Feels pride in cultural heritage												
1.1 4216. 199												
Industrial Capability												
Earns/manages money												
Enjoys physical activities												
Ambitioushas drive												
Makes good choices in areas of interest												
Builds and constructs things												
Does well with tools												
Self-starter												
Sticks to things he's/she's interested in												
Independent/self-helper												
Finishes projects												
Figures things out												
Part-time job (paper route, tending, mowing	shoveling) =											
Child's best subject in school	Child's most p	roud acn	nevement									
List any other interests	_											
Creative Capability												
Creative, good ideas												
			_									
Artistic												
Recognized for a talent he/she does well												
Makes creative ideas happen												
Hobbies/crafts (list them)												
Sports/activities (list them)												
Interests (circle): music, dance, video games, mo												
Collections (list them)												
Artistic talents (list them)												
Computers/board games (circle)												
Clubs, Scouts, youth groups, place of worship (c	ircle)											
CELE CODING												
SELF-COPING Crooms and elethor self-well	_	_	_	_	_	_						
Grooms and clothes self well												
Even disposition												
Easy to live with												
Hopeful and positive												
Cares for belongings												
Cares for/repairs things												

RATING	0	1	2	3	4	5
SELF-COPING (cont'd)						
Feels good about self						
Usually seems happy		П	П	П	П	п
Takes care of self				_	_	_
Able to follow rules						
Able to follow rules						
Can fix his/her own meal (cereal, sandwich, other)						
Good hygiene						
Can go around (nearby) community on own						
Feels well and healthy						
Feels well and healthy						
Asks good questions_						
Asks good questions Tolerates minor hurts well						
Takes moments for self-reflection or prayer						
ENVIRONMENTAL COPING						
Likes routines & predictable schedules						
Willing to ask for help						
Keeps safe and has good limits on borders						
Recovers well from challenges/bounces back						
Handles stress well						
Stands up for selfis assertive						
Comforts self after frustration						
Relaxes well in certain situations (list)						
Likes being touched, held and hugged						
Has a good sense of humor						
Good eaterlikes different foods						
0.00						
SOCIAL INTERACTIVE SKILLS						
Joins activities and plays well with peers						
Shares his/her feelings						
Trusting						
Gives and takes easily						
Affectionate						
Friendly and outgoing						
Good manners and social skills						
Shares or cooperates with others Comforts others in need						
4 0 4						
Helpful						
Liked by others (babysitter, teacher, others)						
Gentle with small animals &/or children (circle)						
Makes and keeps friends easily (circle one or both)						
Has some good friends						
What are your hopes/dreams/expectations for your child's life						